

# THE MESSENGER

News from the Mid-Michigan District
United Methodist Women

Volume 2, Issue 4

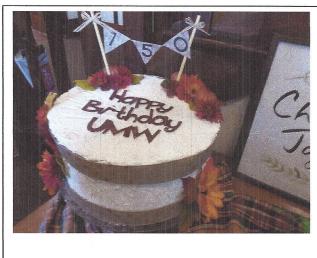
October 2019

The Mid-Michigan District UMW District Annual Celebration was a very successful, positive, inspiring day! In clock-wise order: Our annual business meeting; our keynote speaker, Linda Darrow; installation of 2020 officers; and our special 150<sup>th</sup> birthday cake.









# Message from the President

# "There is a time for everything"

When I was a child and young college adult, I had mixed emotions at the end of summer. I didn't want summer to end; but it also gave me excitement to start the new school year in September. Being able to reunite with friends, resuming Youth Fellowship, the purchase of a few new school clothes, books and of course the smell of new crayons was always part of the excitement. Even though I have been out of formal school for over 50 years, I still have the urge to buy new pencils and crayons. I now purchase these items for donation to schools or for my grandchildren. I now have the time to start a new "school year" with renewed focus on experiences and projects that I did not have time for in the past. When I have the desire to experience something new, read, knit and travel the time is always available.

On September 18, 2019, the first Mid-Michigan District United Methodist Women Annual Celebration was held at Green Street United Methodist Church in Hastings, Michigan. What a fun, educational, and informational time with presentations by Eric Williams, from the United Methodist Community House; Julia Skinner representing Soaring Unlimited of Haiti and Linda Darrow, President of Michigan Conference UMW, as our speaker. Linda reminded us that we are the foremothers of future generations, we are bold women and we should show our "Diva" strengths through our work in United Methodist Women. We had around 80 in attendance and the offering was over \$1000.00, which will be divided between United Methodist Community House and Soaring Unlimited of Haiti. An ingathering of nonperishable food items and paper products was given to the Barry County Food Bank.

I give a big thank you to the wonderful ladies and gentlemen at Green Street UMC for their hospitality, wonderful lunch and accommodating our needs for the District Annual. Also, I want to thank the Mid-Michigan Leadership Team for their participation and for all of their hard work to make the day enjoyable, run smoothly and be a success.

The leadership team of Mid-Michigan UMW is looking forward to the fall activities, continue our visits with our District Friends, attend Michigan Conference Annual Celebration in October and encourage women to remember our past and to look toward the future of UMW. One way we can help with the future is through the Legacy Fund. Please read the article on the Legacy Fund in this newsletter.

During the coming months, I encourage you to do what you can to encourage the women in your church to help provide the services that United Methodist Women have been known for the past 150 years and to provide for the future. Remember the boldness and strength that our foremothers had to accomplish all they did for women, children and youth locally, in the United States, and internationally and we should be able to do the same for our sisters in the future. "There is always a time for everything". Is this your time to help as an officer, program presenter, or contribute to mission work on behalf of United Methodist Women?

Blessings to you,

Donna Kleiver, President, Mid-Michigan District UMW

# **Legacy Endowment Campaign to Continue in 2020**

In 2014, the Board of Directors launched the Legacy Fund Endowment Campaign, setting a goal to raise \$60 million. The Legacy Fund Endowment Campaign is both historic and unprecedented, with the campaign's theme. Together, we are building our legacy. United Methodist Women build on the foundation of our founders 150 years ago. Imagine what is achievable, if United Methodist Women had the resources to deepen and expand its mission to transform lives and ignite change in places near and far. Currently only 48% of our \$60 million goal has been reached; as a result, the Legacy Endowment Campaign is continuing into 2020. To learn more about the legacy Endowment Campaign and how to give, please reference the United Methodist Women's website at: www.unitedmethodist women.org

# **Social Action**

Summer is waning, as fall quietly comes to mid-Michigan. Apples, pumpkins, and squash appear at farm stands and markets everywhere.

But all our neighbors and sisters in UMW across the nation and world beyond our borders are not experiencing an idyllic autumn. Hurricanes and tropical storms have recently devastated coastal and island areas. As one newscaster said: "Let's show our civic grace to support the victims and their communities as they re-build amidst grief and overwhelming loss."

As United Methodist Women, closing the wage and wealth gaps that marginalize women and communities of color is a primary focus for 2019. State Senator Curtis Hertel, Jr. spoke at Mason First United Methodist Church in May to explain the latest legislative action regarding Michigan's attempt to increase the minimum wage to \$10.00 an hour. Although the bill to do so passed, an amendment to the original bill reduced the increase and delayed the effective date of the bill until 2030.

Senator Hertel, Jr. hosts informal community coffees around his district and welcomes discussion on the subject in person and via the internet. His contact information is: 517-373-1734 or

senchertel@senate.michigan.gov

Two good books on the subject of better rights for those who grow, prepare and serve food are:

Behind the Kitchen Door by Saru Jayaraman (2015 UMW reading list)

<u>We Are All Fast-Food Workers Now - The Global Uprising Against Poverty Wages</u> by Annelise Orleck (2019 UMW reading list)

As you read these books and gain information on the topic, please share this information with your church, your family and your neighbors.

"... the Lord has told us what is good. What he requires of us is this: to do what is just, to show constant love, and to live in humble fellowship with our God." Micah 6:8

What will our legacy be?

Nancy Nay, Social Action Mission Coordinator





# PURPOSE OF UNITED METHODIST WOMEN

The organized unit of United Methodist Women shall be a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.

# **Nominations Committee**

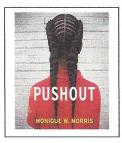
Ladies, please take a look at the positions on the district leadership team. If you are interested in any of these categories and would like to be part of this team, please complete a form and return it to me. (see form included in this newsletter) We are keeping a file of interested persons to contact when a position is open. Training is available for all positions and all team members are always willing to lend a hand to you when needed. The term for each position is normally four years.

Bernice Natoli, Nominations Chairperson 5105 Deanna Dr. Lansing, Mi. 48917 bnatoli@provide.net 517-321-3070

**ELECTED OFFICERS;** President, Vice President, Secretary, Treasurer, Nominations Committee, Mission Coordinators; Spiritual Growth, Membership Nurture and Outreach, Social Action, Education and Interpretation, Program Resources

**APPOINTED POSITIONS;** Green Team, The Messenger Editor, Registrar, MSU Wesley Foundation

# **Double Duty Reading Selection!**



Keep up the good work as you continue or start reading from the UMW Reading Program selections. If you haven't read it already, put the 2018 Reading Program book *Pushout: The Criminalization of Black Girls in Schools* by Monique W. Morris at the top of your "to read" list

Despite increased attention to the mass and over-incarceration of black men, the plight of criminalized black women and girls is overlooked, underreported and under analyzed. *Pushout* shows how even with obstacles, stigmas, stereotypes and despair, black girls still find ways to breathe remarkable dignity into their lives in classrooms, juvenile facilities and beyond, and challenges the rest of us to do the same.

### Where does the double duty come in?

This book will be used as the text for the 2020 Mission U Issue Study – mass incarceration: School to Prison Pipeline. Get a head start and be ready for our next Mission U. And an added benefit - this is a bonus book. Bonus Books count as two books. For example, *Pushout* counts as two books in Social Action. You'll soon be on your way to earning a Reading Program Certificate.

President: Donna Kleiver

517-663-4193

dmkleiver2016@gmail.com

Vice President: Sharon Smith

517-648-1333

sharonanddicksmit@gmail.com

Secretary: Rita Baird 517-589-9132

camp2rit@hotmail.com

**Treasurer: Jackie Ricketts** 

517-812-5107

jricketts657@gmail.com

Nominations Chair: Bernice Natoli

517-321-3070

bnatoli@provide.net

Spiritual Growth: Judy Marr

517-655-2348

marrvalley@gmail.com

Membership Nurture & Outreach: Open Send reports to Donna Kleiver 8095 Petrieville Hwy.

Eaton Rapids, MI 48827

Social Action: Nancy Nay

517-676-3024

chicago868@gmail.com

**Education & Interpretation: Pat Mentzer** 

517-676-4232

pat\_mentzer@yahoo.com

Program Resources: Karol Fry

517-525-6561 fry@msu.edu

Green Team: Elaine Ferris 517-676-4175

ejferris@toast.net

Registrar: Joyce Plumhoff 517-676-2716

tplumhoff1858@gmail.com

The Messenger Editor: Evelyn Bochenek

517-290-6695

ebochenek@aol.com

# MID-MICHIGAN DISTRICT UNITED METHODIST WOMEN

Officers for 2020 as submitted by the Committee on Nomination Chairperson: Bernice Natoli

# **ELECTED POSITIONS**

President: Donna Kleiver (2018) (4 yr. term expires 2021) 8905 Petrieville Hwy., Eaton Rapids, Mi 48827 (517-663-4193) dmkleiver2016@gmail.com

Vice President: Sharon Smith (2018) (4 yr. term expires 2021) 460 S. Edgar Rd., Mason, Mi 48854 sharonanddicksmit@gmail.com

Secretary: Rita Baird (2017) (4 yr. term expires 2020) 2031 W. Olds Road, Leslie, Mi. 49251 517-589-9132 camp2rit@hotmail.com

Treasurer: Jackie Ricketts (2016) (5 yr. term expires 2020) 4827 Marian Hills, Pleasant Lake, Mi 49272 517-812-5107 jricketts657@gmail.com

Mission Coordinators
Spiritual Growth: Judy Marr (2017)
(4 yr. term expires 2020)
1290 Barry Rd., Williamston, Mi 48895
517-655-2348
marrvalley@gmail.com

Membership Nurture & Outreach
Judy Puckett (1 yr. term expires 12-31-2020)
1868 Burrwood Circle, East Lansing, MI 48823
(517) 351-3151
Woodstone1@sbcglobal.net

Social Action: Nancy Nay (2017) (4 yr. term expires 2020) 868 Shawano, Mason, Mi 48854 517-676-3024 chicago868@gmail.com

Education & Interpretation: Karol Fry (2020) (4 yr. term expires 2023) 601 E. Randloph, Mason, Mi 48854 517-525-6561 fry@msu.edu

Program Resources: Karol Fry (2017) (4 yr. term expires 2020) 601 E. Randolph, Mason, Mi 48854 517-525-6561 fry@msu.edu

Committee on Nominations: Chairperson; Bernice Natoli (2017) (4 yr. term expires 2020) 5105 Deana Dr., Lansing, Mi. 48917 517-321-3070 bnatoli@provide.net

Lynda Huyck (2019) (4 yr term expires 2022) 2614 Ranger Rd., Perrinton, Mi. 48871 989-838-2523 huyck@msu.edu

Beverly Saunders (2020) (2 yr. Term expires 2021) 2232 Pollard Rd., Lansing, Mi. 48911 517-887-7512 pearllou30@yahoo.com

# MID-MICHIGAN DISTRICT UNITED METHODIST WOMEN

Officers for 2020 as submitted by the Committee on Nomination Chairperson: Bernice Natoli

# Committee on Nominations, continue

Open position 2020 (4 yr. term expires 2023)

Open Position 2020 (4 yr. term expires 2023)

# **APPOINTED POSITIONS**

**Green Team**: Elaine Ferris (2017) 417 W. Sycamore St., Mason, Mi 48854 517-676-4175 eiferris@toast.net

The Messenger Editor: Lynda Crandall (2020) 6350 W. Columbia Rd., Mason, Mi 48854 517-663-9114 lcran2126@gmail.com

Registrar: Joyce Plumhoff (2018) 1858 W. Columbia Rd., Mason, Mi 48854 517-676-2716 tplumoff1858@gmail.com

**Ex-officio**: WalthaGaye Leavitt (Conference Team) 8524 E. Colby Rd., Crystal, Mi. 48818 989-640-0238

# wally@csminster.net

MSU Wesley Foundation: Open Position

# Mid-Michigan District United Methodist Women TALENT BANK INFORMATION ON PROSPECTIVE LEADERSHIP

(To be completed by prospective leader)

Type or Print (attach addition	al sheets as necessary)	Dat	te	
Name				
Complete Address				
Telephone: Home				
Local Church				
Age: 20's 40's 4				
Languages Spoken	Racial/I	Ethnic Group		
Professional skills, job experien	ce			
Office(s) held in United Metho	odist Women with dates	of service.		
Local				
District				
Conference				
				W. r. s
Additional experience on the l Methodist Women) or in the c	ocal, district, conferenc	e or general	church leve	l (other than United
Special Talents or Skills:				

# Talent Bank page 2 of 2

# Areas of Special Interest or Concern:

secretarial	recruiting members	publicity
communication	social issues	workshops
computer	creativity	newsletters
accounting/bookkeeping	recording minutes	retreats
organization of details	public policy	music
nominations	public relations	youth
program planning	community building	children
administration	inclusiveness/pluralism	other (specify)
Which office(s) on the Mid-N	Aichigan District United Methodis	st Women's Team would you most
like to hold if given the oppo	rtunity to serve?	
President	Membership Nurt	ture & Outreach
Vice President	Social Action	
Secretary	Spiritual Growth	
Treasurer	Program Resource	es
Chair of Nominations	The Messenger E	
Nominations Committee	Education & Inter	
Is it possible for you to be averaged and sorry but I am unal	ur gifts and talents to uphold and some of the organization?  way from home or employment for Weekend Extended	ear but am interested at a future date.

to complete	Program are:
have read	e Reading
books	of the l
Additional	LAN

1		1	
-			
1			
1			
1			
1			
1			
1			
1			
I			
1			
1			
1	1		
1			
1			

		1
		1
		1
		1
		1
		1
		1
		1
		ł
		ł
		ł
		1
		1
		1
		1
		1
		į
		ŧ

- 20 books each year,
- 2 books from each category.
- PLUS 10 additional books from any category.

www.unitedmethodistwomen.org/readingprogram/ plans. Regular reading of response

and Reading Program books already purchased by your unit. For books on previous reading lists go to: Some of the older books may not be available at Other possible sources include the public library United Methodist Women Mission Resources, umwonline.org/groups/readingprogram

www.umwmissionresources.org



☐ I have also read response



# READING PROGRAM PLANS

- 5 books each year.
- 1 from each category.
- Selections from the current reading lists if not included in previous reports.
  - · Regular reading of response magazine.

- 10 books each year.
- 2 from each category.
- Selections from the current reading lists if not
  - included in previous reports.
    - Regular reading of response

Formulario de Información del

Programa de Lectura

Reporting Form

독서 프로그램독서 프로그램

# PLAN

- 15 books each year.
- 2 books from each category.
- PLUS 5 additional books from any category.
- Selections from the current reading lists if not included in previous reports.
  - Regular reading of response

# PLAN IV

Selections from the current reading lists:

Processed chlorine free 800-305-9857





www.umwmissionresources.o 1-800-305-9857

REPORT OF COMPLETION REQUIREMENTS (Send completed form to your secretary of program resources or equivalent according to your conference's schedules.) I have completed the required reading for PLAN\_\_\_\_. The books I have read are listed on the reverse side. LOCAL UNIT PRINT NAME DISTRICT **ADDRESS** CONFERENCE CITY, STATE, ZIP  $\geq$ PLAN OHOSEN Current Year Leadership Development Nurturing for Community Education for Mission Spiritual Growth Social Action esuodiseu WISSION EMPHASES

# Treasurer's Tips

Hello UMW sisters of Mid-Michigan District,

Let me begin by thanking you for your generous and faithful support. I have provided here some tips that I hope will help us process the money you send quickly and efficiently:

- Please accompany all checks with a form. These can be downloaded at www.unitedmethodistwomen.org. Once there click on For Members & Leaders. Then click on Roles & Responsibilities. From there click on Local United Methodist Women. To the right (in blue) you will see the Treasurer's Remittance Forms and Login. For those who don't have access to a computer, perhaps someone at your church could download some for photocopying. If this is not an option, contact me and I will get you some. When ordering a Special Mission Recognition Pin and Certificate, the amount owed is located on the bottom of the Special Mission Recognition form. This is usually the "basic" at \$40.
- Please do not make checks out to me, Jackie Ricketts or Michigan Conference. Checks should be made out to Mid-Michigan District UMW. I will make sure the money is sent on to the conference in a timely manner.
- All remittance forms must arrive to me by December 1st as I have a deadline to the conference of December 10<sup>th</sup>. Unfortunately, any received after that date will be submitted the following year.
- If a representative from your unit was unable to attend the Mid-Michigan District UMW Organizational Meeting and Celebration on September 18<sup>th</sup>, where 2020 pledges were collected, please contact me with yours as soon as possible.
- This year we have a new EIN # (Employee Identification Number) which is provided by the IRS, all nonprofits are required to have them. Each unit should update this number with their bank. Please contact me and I will send you the form needed to do this.

Once again, I thank you all for your faithful commitment to mission work, locally, nationally, and globally.

Jackie Ricketts
Mid-Michigan District Treasurer
4827 Marian Hills
Pleasant Lake, MI 49272
Jricketts657@gmail.com
517-812-5107



# **UMW** Forms and How to File Them

FORM	SEND TO	DUE DATE
2019 Mission u scholarship	District E & I, Karol Fry	6/1/2020
Pledge to Mission Form	District Treasurer,	Due Now
	Jackie Ricketts	
Pledged Monies	District Treasurer,	12/1/2019
	Jackie Ricketts	
2019 Unit Leadership Form	District Secretary,	12/1/2019
	Rita Baird	
2019 Members Report	District Membership &	2/15/2020
	Nurture, Patty Puckett	
2018 Mission Today	District E & I, Karol Fry	2/15/2020
2018 Reading Plan Report	District Program Resources, Karol Fry	2/15/2020
Special Mission Recognition Orders	District Treasurer,	
Orders	Jackie Ricketts	

# From the Secretary's Desk

Once again fall is upon us and soon it will be time for election of officers. My local unit elects new officers at our November meeting, with the newly elected officers taking office January 1st. Please take a few minutes after your elections to fill out the Local Unit Leadership 2020 Form which can be found in the newsletter, *THE MESSENGER*. Please return your completed form to me by December 1, 2019, either by mail or email. If for some reason this is not your election time, or if the leadership has not changed, just let me know. Without this information, it is difficult for your District Friend to keep you up to date on what is happening in the Mid-Michigan District and to answer any questions you might have regarding the District. I don't know about you, but I love hearing about all the different fundraisers, wonderful activities, and valuable information from the other units, which has given me some great ideas for my local unit. Thank you for your information and help keeping us all informed.

In His service,

Rita Baird, Mid-Michigan District Secretary

# MID-MICHIGAN DISTRICT UNITED METHODIST WOMEN LOCAL UNIT LEADERSHIP 2020

Church Name:	Address:	Phone:
Church Email Address:	Pastor's Name:	Phone:
Pastor's Address:	Pastor's Email Address:	
Insert name, address, phone number (including area code), and email address of each officer. If no unit – please add a contact name.	ea code), and email address of each officer.	If no unit – please add a contact name.
President	Vice President	Secretary
Treasurer	Spiritual Growth	Education & Interpretation
Social Action	Membership Nurture & Outreach	Secretary of Program Resources
Nominations	Communications Coordinator	Other Chairpersons
If no active unit, please provide the following contact information: Primary Contact Name:		Number of members at 1/1/2019:  Number of members added:  Number of members removed by death:  Number of members lost:  Est. number of members at 12/31/19:

Send form by December 1, 2019, to: Rita Baird, 2031 W. Olds Road, Leslie, MI 49251 or camp2rit@hotmail.com

REMINDER: Send the name and address of President and Secretary of Program Resources to:

Mission Resource Center, PO Box 660275, Dallas, TX 75266-0275, telephone: 1-800-305-9857, email: cs@missionresoucecenter.org

# This page

Intentional

left

blank

# MID-MICHIGAN DISTRICT UMW CALENDAR OF EVENTS



# **FALL RUMMAGE SALE & BAKE SALE**

Thursday, October 3, 2019: 9:00 a.m. – 4:00 p.m. Friday, October 4, 2019: 9:00 a.m. – 4:00 p.m.

Saturday, October 5, 2019: 9:00 a.m. – 12:00 p.m. (\$3/bag day!)

Central United Methodist Church (UMW) 912 Fourth Avenue, Lake Odessa, MI



#### **FALL RUMMAGE SALE**

Friday, October 4, 2019: 9:00 a.m. – 5:00 p.m.
Saturday, October 5, 2019: 9:00 a.m. – 3:00 p.m.
First United Methodist Church (UMW) of Eaton Rapids
600 South Main Street, Eaton Rapids, MI (proceeds go to missions)



### **BAKE SALE & BAZAAR**

Friday, October 18, 2019: 9:00 a.m. – 5:00 p.m. Peace United Methodist Church (UMW) 6043 East M-79 Highway Nashville, MI



### **ANNUAL TEA**

Donation: \$10/proceeds go to Mary Mantle's Home for Expecting Women Sunday, October 20, 2019: 3:00 p.m. – 5:00 p.m.

Beverly Hills United Methodist Church (UMW)

20000 West Thirteen Mile Road, Beverly Hills, MI



# **FALL SALE AND BOUTIQUE**

Thursday, October 24, 2019: 9:00 a.m. – 6:00 p.m.
Friday, October 25, 2019: 9:00 a.m. – 12:00 p.m. (Friday is ½ price day!)
Owosso First United Methodist Church (UMW)

1500 North Water Street, Owosso, MI



## MICHIGAN CONFERENCE ANNUAL MEETING

Friday, October 25 – Saturday, October 26, 2019

Michigan Conference Officer Training & Leadership Development, 4 - 8 p.m. Conference Newsletter Meeting, 5 p.m. Howell UMC

Saturday, October 26, 2019

Michigan Conference Annual Celebration 9 a.m. registration, 10 a.m. - 3 p.m. Program, Recognitions, Voting on New Officers and New Budgets, Fellowship Howell United Methodist Church

1230 Bower Street, Howell, MI

# MID-MICHIGAN DISTRICT UMW CALENDAR OF EVENTS continued

ALTERNATIVE HOLIDAY GIFT FAIR & BAKE SALE Saturday, November 2, 2019: 10:00 a.m. – 3:00 p.m. Fair trade items including coffee, chocolate, linens, jewelry & much more Bake sale benefits the South Lansing Ministry Food Pantry Grace United Methodist Church (UMW) 1900 Boston Blvd, Lansing, MI
FALL CRAFT FESTIVAL Lunch room, bake sale, crafts, Christmas gifts, and decor Saturday, November 2, 2019: 9:00 a.m. – 3:00 p.m. Holt United Methodist Church (UMW) 2321 North Aurelius Road, Holt, MI (proceeds go to UMW mission projects)
HOLIDAY BAZAAR  Crafts, jewelry, collectibles and baked goods Saturday, November 9, 2019: 9:00 a.m. – 3:00 p.m. Lansing First United Methodist Church (UMW) 3827 Delta River Drive, Lansing, MI



# **CHRISTMAS BY CANDLELIGHT**

An afternoon musical program followed by carol singing and candlelight dessert

Saturday, December 7, 2019: 3:00 p.m. Lansing First United Methodist Church (UMW)

3827 Delta River Drive, Lansing, MI



# **MERRY CHRISTMAS**

Wednesday, December 25, 2019

# **Green Team News**

# Five Ways to Help the Planet: Food Waste

30-40% of our food ends up in the trash. What can we do to help prevent this waste: of farmland, of time and effort, and the resultant increase in methane as it rots? It's so large an amount of methane it would be the fourth largest country in the world in methane emissions! By putting these five simple systems in place, you'll be able to identify need-to-eat foods, save foods from the compost or the garbage, get the most out of waste bits and pieces, and reduce your grocery bill by as much as 30 percent.

- 1) Establish an "Eat Me First" Drawer: Refrigerators can be so humongous that food can easily be overlooked; so: Label a drawer "eat me first" so you can see what needs to be used up before it goes bad. Move food to the drawer as it approaches the end of its shelf life. Prioritize the items in that drawer for snacks and meals **before** you go shopping or check what's in the pantry.
- 2) If the "eat me first" bin is overflowing and you know you won't be able to eat it all before it goes bad? Freeze it; one of the simplest and most effective ways to reduce food waste. Cut up and freeze leftover fruit on cookie sheets; then put in baggie or box. Do the same with the half-jar of vegetables or spaghetti sauce.
- 3) Make your own soup stock designate a medium-sized container in your freezer for soup stock items, then add bits and pieces as they become available; great things to add to your stock include: Carrot tops celery stalks; onion pieces; mushroom bits; tomatoes; most leftover veggies (avoid broccoli/cauliflower). Chop before adding to maximize broth flavor. If you're a meat eater, you can also keep chicken bones for a flavorful chicken stock. Beef bones work well, too. When your freezer bin is full, simply: fill a large pot with water; Add the contents of your soup stock bin, Add several bay leaves, garlic, salt, and pepper to taste, Simmer on low for 2 to 3 hours. Strain the solid bits out and compost them, of course. Then, decant your broth into jars fill about 3/4 full to allow for expansion and freeze.
- 4) Smoothies are a perfect on-the-go meal for those mornings when you don't have time to cook. They're also a great way to use less-than-perfect fruits and veggies.
- 5) A food-sharing app called OLIO connects you with neighbors, stores, and community members with surplus food so that extra food can be shared, rather than thrown out. It's like Craigslist, but for food. Best of all, it's free!

Small Steps, Small Bites; Making the decision to reduce food waste can feel daunting, but all you really need to do is make a series of small, conscious decisions to drastically reduce the amount of good food that ends up in the trash. These decisions quickly become routine and they go a long way to help your grocery budget and the environment, too. I challenge you to try one of these!

Recommended good reading: All You Need Is Less: An Eco-Friendly Guide to Guilt-Free Green Living and Stress-Free Simplicity, by : Madeleine Somerville

Elaine Ferris, Green Team



# MID-MICHIGAN DISTRICT 2020 EPIPHANY CELEBRATION

SATURDAY, JANUARY 4, 2020 EATON RAPIDS FIRST UMC 600 S. MAIN STREET Gathering: 9:30 a.m.

Program: "When is Old, Too Old?"

Pastor Nancy Patera will talk with us about never being too old to be in service to God. Pastor Patera currently serves the Ionia Parish: Berlin Center and LeValley UMCs. You won't want to miss this program to kick off the new year. Please join us!

# REGISTRATION DEADLINE: DECEMBER 29, 2019

\$5 Registration fee includes coffee and pastry. Send check p	
to Mid-Michigan District UMW with the form below to:	Joyce
Plumhoff, 1858 W. Columbia Road, Mason, MI 48854. Plea one form for each registrant.	se use
Please Print Clearly	
Name	
Contact Number or Email Address Local Church	
Childcare Needed: Name of child(ren) and age(s)	



United
Methodist
Women
FAITH • HOPE • LOVE IN ACTION

You are who you are through this gift and eall of Jesus Christ" Romans 1:6
United Methodist Women North Central Jurisdiction
Quadrennial Meeting in Sioux Falls, SD

June 26-28, 2020 umwncj.org

Ramkota Hotel 3200 W. Maple St. Sioux Falls, SD 605-336-0650

Single/Double Occupancy \$114.99 per night; Cutoff date May 26, 2020; Ask for UMW-NCJ event Registration fee \$220 until December 1, 2019; After \$260 until May 15, 2020 (includes 5 meals)

Registration and further details at UMWNCJ.org

\*Election of Directors \*Workshops \*Ubuntu Experience \*Mission Project \*Legacy Celebration \*Leadership Development \*Spirituality \*Talent/No Talent Show \*Fellowship and much more!



Harriett Olson UMW CEO



Shannon Priddy

National President



Rita L. Smith

NCJ President



Bishop Tracy S. Malone

Key Note Speaker



Rev. Dr. Michele Watkins

Bible Study Leader

# The Messenger Mid-Michigan District **United Methodist Women**

Mason First UMW 201 East Ash Street Mason, MI 48854

**Non-Profit Organization** U.S. Postage Paid Permit #47 Mason, MI 48854-1775



# **Dates to Remember**

October 26, 2019 Michigan Conference Annual Meeting at Howell UMC

December 29, 2019 **Epiphany Registration Deadline** 

January 4, 2020 Epiphany, Eaton Rapids UMC, Eaton Rapids, MI

April 4, 2020 Keep Making Peace, University UMC, East Lansing, MI

May 1-2, 2020 Spring Renewal, St. Francis Retreat Center, DeWitt, MI

Mission u of the West, Albion College, Albion, MI July 8-11, 2020